



St Martin's Davidson

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2nd May 2018
No. 11

NEWSLETTER

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Dear Parents

Welcome to term two.

Congratulations Mrs Wallace on running a great Athletics Carnival. Thank you to our fantastic parent volunteers – we could not have run the carnival without you. I was overwhelmed by the response of our generous parents who helped with the many jobs of running the day – most of whom had taken time off work to volunteer and cheer on their children. Thank you to our amazing Teachers whose teamwork kept the day going so smoothly. I was also very proud of our students who had a go at the track and field events, cheered others on and were so well mannered to the adults helping them.



See "Sport News" for more photo's.

As we spend time evaluating the day and planning for next year's carnival, I look forward to your feedback on the venue and the Athletics carnival this year.

We welcome Mrs Dani Mercuri as our Teacher of Italian this Thursday. It might take us all a little while to get used to Italian and Creative Arts on Thursdays for the rest of the year. This means that we will be having our School Award Assemblies on Friday afternoons from next week onwards.



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ANZAC Day

You may have seen a pot plant outside the Year 2 classroom, but you may not have realised that it is a direct descendant from the Lone Pine in Gallipoli. We have cared for this since it was a small plant given to us on the 100th anniversary of the arrival at Gallipoli.

St Martin's were involved in the ANZAC Ceremony at the Forestville RSL during the holidays by donating a novel with a tribute to a fallen soldier from the area. Our donation will be in circulation in the Northern Beaches Library system.

Senior student volunteers preparing children for "big school"



Mrs Bragge, Sophia C, Pacha S and Natasha C and I visited a local preschool in the holidays to help them celebrate "Kindergarten Day". I was very proud of our student representatives as they played with the preschool children and taught them about things they needed to know about "big school".

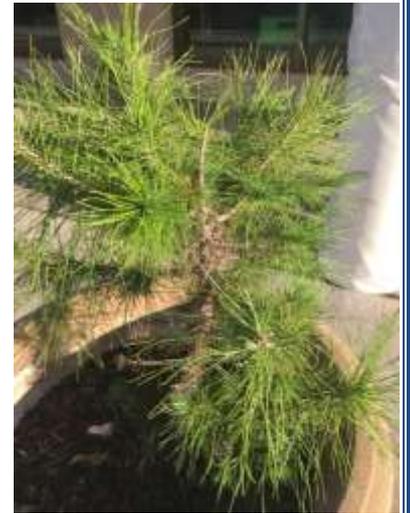
"Priority one: Deliver at least one year's growth in learning for every student every year

Student growth is a measure of the individual progress a student makes over time along a defined learning progression. Focusing on student growth matters because it enables every student to progress regardless of starting point or capabilities." (Gonski et al, 2018)

The release of the latest Gonski report, "Through Growth to Achievement", has brought education to the forefront of media comment again this week. I was very pleased to hear the areas being promoted as the future directions of education included "stretch" goals for children, "individualisation" of children's learning using learning progressions and "student growth" expectations over a year – all areas that the St Martin's Teachers and Parents have been discussing and beginning to implement throughout term one. It should be encouraging and also very reassuring for you to know that we are already implementing forward thinking ideas and quality learning and teaching for each of your children. The Leadership team is now looking into these recommendations in this new document.

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Faith Tips for the Journey

Invitation to the next *"Walking the Way"* Parent Retreat Dates for 2018

18-19 May 2018 (Friday evening 6.30-8.30pm & Saturday 9am - 4pm) at [Canisius Centre of Ignatian Spirituality](#), Pymble. \$30 payable on the Saturday (Option to stay overnight at participant's cost.)

One-day retreat at [Joseph's Spirituality Centre](#) Kincumber South. Second half of the year. Date TBC

Further information: jo.spek@dbb.catholic.edu.au *Registration:* sallyanne.butel@dbb.catholic.edu.au

As we walk with our children in faith, hope and love ...

This week we consider Jesus' words: "As the Father has loved me, so I have loved you; abide in my love" (Jn 15:9).

Learning to love is lifelong homework. There are skills we can learn and practise. Often it's the 'little' things, the tiny expressions of care in our speech and actions, that can make all the difference to the loving atmosphere of the home.

The Season of Easter continues until Pentecost on 20 May

So for twenty more days,

Easter Blessings,

Helen Leigh , Principal

MISSION NEWS



Mrs Kate Adamo
Religious Education Coordinator

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CURRICULUM NEWS

Brain Science News: I read an article last week about brain science. This article explained theory of sleep homeostasis. This theory says that the connections between the neurons in our brains become stronger as we are exposed to new stimuli during the day. So, the more times we practice a skill or rehearse something the easier that skill becomes. However, the converse also seems to apply. That is, if we don't practice a skill these connections (called synapses) become weaker. In fact, as we sleep at night, these unused synapses actually shrink in size. Over time, only the most often-used synapses remain strong.

What are the implications for students in the classroom? Obviously, repeated practice of skills is necessary. Students become better readers by reading, better mathematicians by doing maths and better writers by writing. Moreover, in the classroom teachers not only use repetition to reinforce skills, but also are continually building upon the skills that have been previously gained by students. These basic, surface-level skills are used by teachers as the building blocks to developing deeper understandings, which then in turn, allow students to transfer and apply their understandings to new situations.

Next week, I will further explore this model of student learning.

Eco News

Woolworths and Coles are going plastic bag free! That's right, both Woolworths and Coles will be single-use plastic free by the end of June. Make sure you have your reusable bags whenever you go grocery shopping. There is also a new bottle recycling bank at Glenrose!

Waste-free Wednesday: Please try to pack food for recess and lunches without using soft plastic every day, but especially on Wednesday.

Bahar, Cooper and Jacob from the Environment Ministry

Mr Chris Biefeld
Assistant Principal

BIRTHDAYS

The following children have their birthdays in the coming week:

May	3	Flynn H	Year 2
	4	Evie K	Year 1
	6	Zachary M	Year 3



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SPORTS NEWS

We literally set Term 2 off with a “Bang” with our Athletics Carnival!! What a fabulous day we had. The sun shone and thanks to all our fabulous Parents and Staff, our day was just amazing!

We had some outstanding personal bests on the track and in the field. Amelia G was the star of the “Matt Shirvington Shield” 100m Sprint making her the fastest runner in our school! Well Done Amelia followed by Ben R in 2nd place and Andrew B in 3rd place.

The Year 6’s had a wonderful last carnival finishing with a Year 6 Relay. Blue looked great on paper but even better on the track taking home first with a strong lead. A special congratulations must go to Green House who only had 3 runners and each one had to run two legs of the race!

Special thanks to all the staff and parent helpers for their contributions. The children loved having their parents involved. The highlight of the day was the parent race with Jason C taking out first with a photo finish with Darrin B in 2nd and Paul K a close 3rd!

We managed to squeeze lots of events into the day including 100m, 200m, 70m, 800m, Long Jump and Shot Put. Our younger students also enjoyed games and activities with Mrs Bragge. The Discus trials will be held at school on another day.

The Cluster Athletics is not until August 17th so there will be lots of time to get everyone ready for the next level. Thanks again to everyone who helped today. Let us know what you thought of the new venue, positive or negative smd@dbb.catholic.edu.au.

Cluster Cross Country

Next Wednesday the 9th of May is the Northern Beaches Cluster Cross Country. This event is held at Warringah Rugby Park (inside the stadium) at Narrabeen. Students who qualified to attend have been given a PINK permission note. Please return this by Friday 4th May to the office. If your child chooses not to attend please let the office know.

If your child is competing please ensure they are at the Stadium by 8.45 am to walk the course at 9.00 am. I suggest gumboots or old shoes and socks for the walk as it is very wet out there in the mornings. Then change before the race.

Polding Sport

This Thursday three of our Students will travel to Tamworth to participate in the Polding Sports Trials. Amelia G and Anna K will compete in Soccer and Amelia H in Hockey. These children have been chosen from all the Catholic Schools in our Diocese to attend. This is a fabulous achievement. I wish them the very best for the trials, a safe trip with their families and an experience to remember. Our school is very proud of you all.

Mrs Vanessa Wallace
PE Teacher

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Wellbeing Corner

As a parent and a teacher I have experienced the challenges of dealing with daily issues that come along in each and every child's life. Teaching children to be good decision makers can assist them in navigating life. This article from Kids Matter resonated with me. I hope it can be beneficial.

Five tips to help children develop decision-making skills

Like adults, children make a range of decisions every day!

Young children regularly choose how they will behave, which toys or games they would like to play with, which books they would like to have read to them, or which television shows they would like to watch.

As they get older, children make bigger decisions that often involve their family, their friends and their schoolwork. The kinds of decisions children make affect their mental health and wellbeing, their relationships and their success. Learning to make good decisions helps children become more independent and responsible.

How children's decision-making skills develop

Children learn good decision-making skills gradually and are strongly influenced by the expectations and values they learn from those around them.

This occurs through observing others (particularly their parents and carers), hearing about and discussing values, and having opportunities to make decisions and experience the consequences.

The key skills children need to develop for decision making are:

- identifying when a decision needs to be made
- thinking of possible options
- evaluating the options, and choosing strategies for making the decision and reviewing how it works.

Learning to consider the situation carefully and weigh up the options before coming to a decision helps children make better decisions.

It also helps them to understand and take into account others' views when making decisions that affect them.

Here's five ways to help develop children develop good decision-making skills

Parents and carers can help children learn how to make good decisions by effectively guiding and supporting them as they practise.

1. Allow children to practise making choices

Giving children opportunities to make choices helps to build their sense of responsibility, as well as their decision-making skills. It is important that the choice really is theirs, so provide options that you will be happy with no matter which they choose. Showing interest in their choice helps to reinforce that you see their decisions as important.

2. Talk about everyday decisions

Involve children in your own decision-making. For example, you might say, "I'm trying to decide whether to take up a sport to get fit or go to a dance class. Which do you think I should do?" Talk through the advantages and disadvantages of each suggestion so your child can learn how to thoughtfully evaluate different options.

3. Support children to use decision-making steps

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As children develop their skills for thinking through decisions, teach them these steps of decision-making and show them how to use them effectively:

- identify the decision to be made
- think of options
- evaluate the options and choose the best one
- put your choice into action and check how it works.

4. Ask questions that promote thoughtful decisions

Asking open-ended questions that prompt children to think through their reasons for choosing a particular option helps them learn how to evaluate options and think through consequences. Some good questions include, “What do you like about that?”, “What makes this the best option?”, “How would this work?”

5. Encourage children to set achievable goals

Setting their own goals to work towards encourages children to plan and think ahead. It helps them understand the link between making decisions and taking action.

It is important that the goals set are achievable and motivating for the child. In addition, the steps needed to reach goals need to be definite, clear and small enough for the child to manage. Providing praise and acknowledgment for small steps of progress supports children to meet their goals.

Appropriate goals for children to choose include developing a new skill (eg. learning to play chess, learning to swim), improving performance in school work or in an area of particular interest (eg. learning to play a particular piece of music, master a difficult skill in sport), or earning pocket money to save for something special.

<https://www.kidsmatter.edu.au/families/enewsletter/five-tips-help-children-develop-decision-making-skills>

Enjoy your week.

Susanne Bragge – Wellbeing coordinator

LIBRARY

Thank you to the families who have returned their overdue library books. We still have over 50 missing, so please continue to search at home and return them next week. Thank you for your cooperation.

Angie Debien
Teacher Librarian

BOOK CLUB

Issue 3 of Book Club has been sent home with all students.

Orders and payment are due by **Wednesday the 16th of May.**

Please use the LOOP (Linked Online Ordering and Payment) system only to place your orders as this will mean that no cash or paperwork needs to be returned to the school office.

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Diary Dates

May	3	7.30pm Eucharist Parent Information Night (OLGC Church)
	4	Project Compassion Boxes Due ISDA Debating (St Andrews, city)
	7	No Jazz band 4.30pm QKR closes for Mothers' Day Payments
	8	ICAS Digital Technologies All Bands On 7pm School Advisory Team
	9	NB Cross Country (Rat Park) 7pm Class Parent Meeting
	10	Jazz @ Lunch 7.30am Mothers' Day Celebration & Band Performance 9.15am Mass
	11	2.40pm Assembly (Teeth on Wheels Presentation) ISDA Debating (Stella) Last day to bring in Coles vouchers
	12	Eucharist Classes
	13	Mothers' Day Eucharist Classes
	14	No Jazz Band
	15	All Bands on NAPLAN 7pm P&F meeting
	16	NAPLAN
	17	NAPLAN
	18	Open Day 9-11am 9.15am Mass (Year 2) 2.00pm Reconciliation (Year 6)
	31	Teeth on Wheels Dentist

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June	1	Tuck Mufti
	2/3	First Holy Communion
	9/10	First Holy Communion
	11	Queen's Birthday – Public Holiday
	15	P&F Kids Disco
	21	Reports emailed home
	25-29	Parent Teacher Interviews

*** Please note that from term 2 Assemblies will take place at 2.40pm each Friday of even weeks***
Assemblies will be on in Weeks 2, 4, 6, 8 and 10 of term 2

OPPORTUNITY CLASS INFORMATION

Information about applying for Year 5 entry to an opportunity class in 2019 :

Parents interested in making an application must do so online by going to the following website:

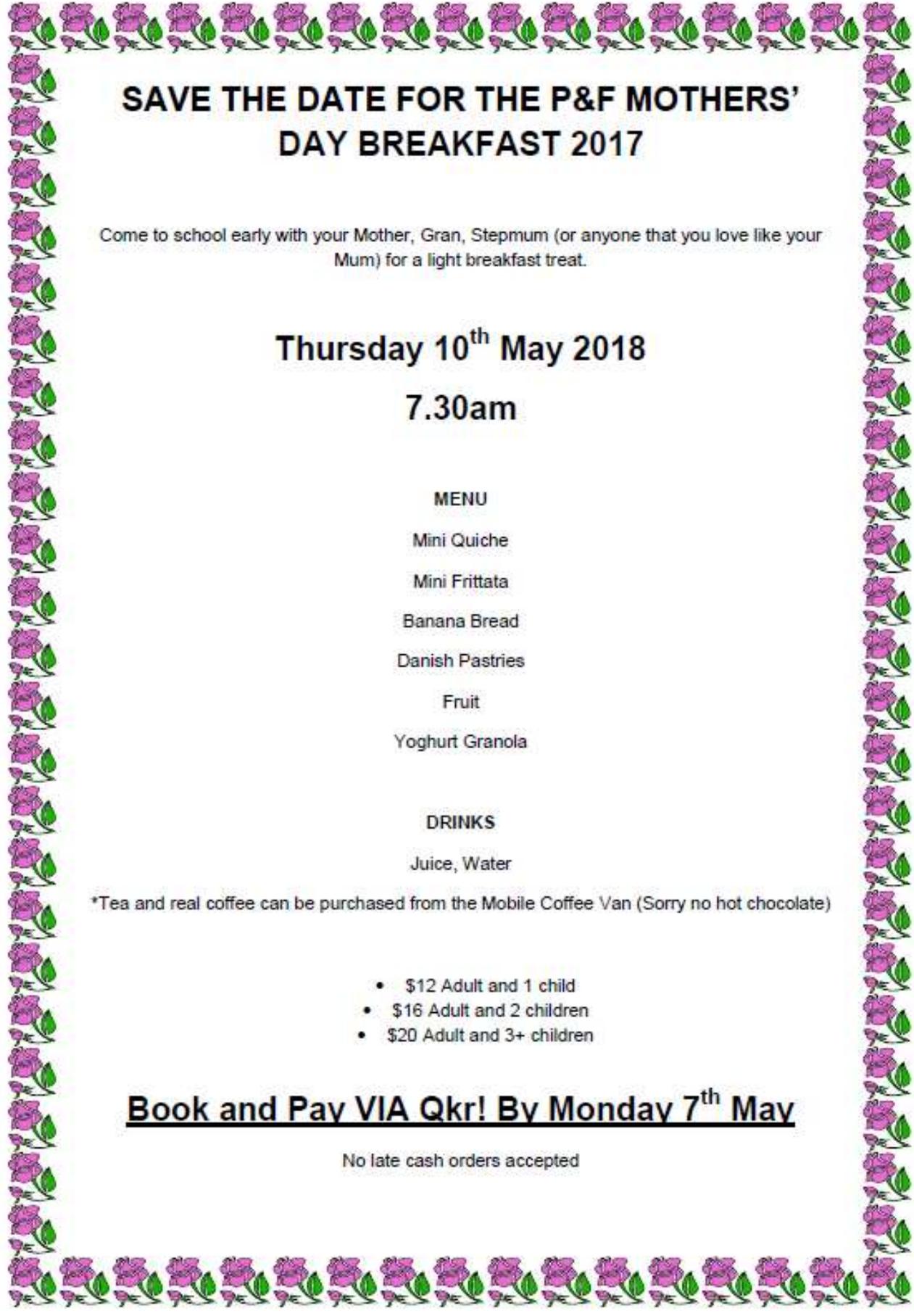
<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>

Online applications open on **Tuesday 1 May 2018** and close on **Friday 18 May 2018**. **Late applications will not be accepted after the closing date.**

Parents without Internet access, a printer and a personal email address should visit a public library to complete their online application. Parents with a disability that prevents them from using a computer should be directed to contact the Unit for assistance.

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SAVE THE DATE FOR THE P&F MOTHERS' DAY BREAKFAST 2017

Come to school early with your Mother, Gran, Stepmum (or anyone that you love like your Mum) for a light breakfast treat.

Thursday 10th May 2018

7.30am

MENU

Mini Quiche

Mini Frittata

Banana Bread

Danish Pastries

Fruit

Yoghurt Granola

DRINKS

Juice, Water

*Tea and real coffee can be purchased from the Mobile Coffee Van (Sorry no hot chocolate)

- \$12 Adult and 1 child
- \$16 Adult and 2 children
- \$20 Adult and 3+ children

Book and Pay VIA Qkr! By Monday 7th May

No late cash orders accepted

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KIDS YOGA @ST
MARTINS THU 8AM FOR
8.10-8.40AM CLASS
\$94.50/ TERM 2
FREE TRIAL 5TH +12TH
APRIL BOOK AT
HELLO@HEIDIHORNE.COM.AU
0421326046

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Child Restraint do's and don'ts

It is **ILLEGAL** to have a child under 7

- ➔ In the front seat unless all middle row seats are taken by younger children, in restraints.
- ➔ Out of a booster unless the child has physically outgrown their booster seat—unusual.

It is also **ILLEGAL**

- ➔ To share seatbelts.
- ➔ To have an unrestrained child in the car.
- ➔ To carry more children than you have seatbelts.

Both the NRMA and RMS strongly recommend you **NEVER**

- ➔ Allow a child under 12 in the front.
- ➔ Tuck the seatbelt under the arm or behind the back.



Call anytime for advice

Ph 9997 4602

www.pearceschildrestraints.com.au

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M.W.B.A JULY 2018

HOLIDAY CAMP Book Now



Date: 18th,19th 20th July 2018

Time: 9:30-12:30pm (doors open 9am)

Venue: Northern Beaches Indoor Sports Centre

Cost: \$95 for 3 days only

Ages: 5 to 12 years (broken into age groups)

Professional guest coaches

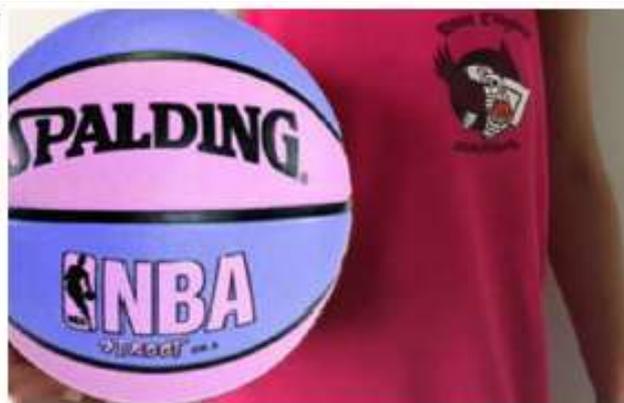
Every kid gets a singlet

Day 3 is competition prize day

Bookings close 6pm 17th July 2018

Bookings: <https://www.trybooking.com/V1ZP>

WWW.MANLYBASKETBALL.COM.AU



PINK BALL TERM 2

FOR GIRLS 7-12 YRS WHO WOULD LIKE TO LEARN BASKETBALL SKILLS

WITH FEMALE COACHES

DATES: SAT. 12th May to 30th June, 2018 (8 WEEK PROGRAM)

TIME: 2:30-3:30 PM

VENUE: NORTHERN BEACHES INDOOR SPORTS CENTRE

COST: \$90 INCLUDES PINK BALL OR SINGLET
TO BOOK: <https://www.trybooking.com/366286>



Learn the skills of Basketball in a fun learning environment with qualified coaches.

Runs every Saturday during the school term. No need to book just come along and join in the fun.

Ages: 5-7yrs, 2:30-3:30

7yrs and up, 3:30-4:30

Venue: Northern Beaches

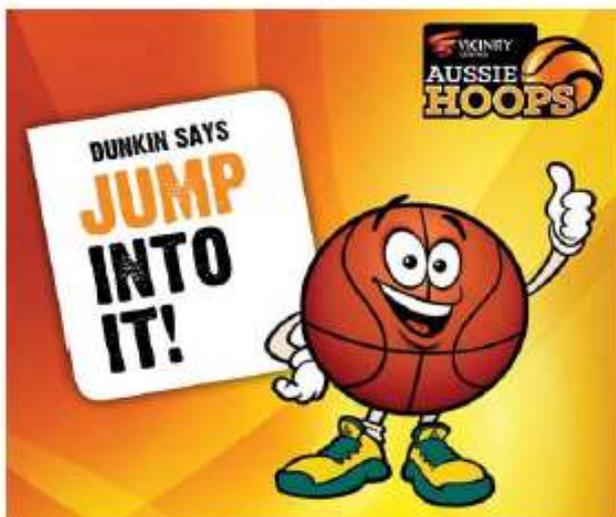
Indoors Sports Centre

Cost: \$10 per child.

For more info go to

www.manlybasketball.com.au

SATURDAY LEARN TO PLAY



REGISTER NOW AT AUSSIEHOOPS.COM.AU

Learn to Play Basketball For all Kids 5-12

Fridays Term 2 Fridays May 11th- June 29th (8 weeks)

GALSTAIN COLLEGE

5 Chiltern Road, Ingleside, NSW 2101

5:30 to 6:30pm

Aussie Hoops Coach is JEROME LEE all participants receive a Basketball Australia pack which includes an indoor outdoor basketball, Reversible playing singlet and a gym sack. The cost is \$110 for (eight weeks) all inclusive. Book on the Aussie Hoops site: <http://www.aussiehoops.com.au>



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Do you care about the natural world and its peoples?



How can we grow an ecological spirituality –
in our homes, parish, community?
How can we help our children grow in the love
of God in the world?

"I am interested in how such an (ecological) spirituality (sic) can motivate us to a more passionate concern for the protection of the world". Pope Francis, *Laudato Si'* #216

What can we learn, share and act upon from *Laudato Si'*?
Join in the discussions in May.

We invite young/old/families/teenagers to come along. We're all in
this together!

When and Where? 7-9pm

Session 1: Monday May 7th, St Anthony in the Fields Church, Terrey Hills

Session 2: Tuesday May 15th, Our Lady of Good Council, Forestville

Session 3: Wednesday May 23rd, St Martin's Church Hall, Davidson

Please RSVP to members of the FFCP Social Justice Group or
annelanyon@gmail.com or brian_b_norman@yahoo.com.au

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A TICKET TO EXPLORE THE INNOVATIVE WORLD OF ROBOTICS!



ROBOTICS & STEM for years 4-6
at St Martin's – Davidson
on Tuesdays from 3:15-4:30pm

Enrolling **now for Term 2, 2018**

nssydney.young-engineers.com.au/enrolment/



m: 0419 492 682

e : northshore.info@young-engineers.com.au

f : [Young Engineers North Shore Sydney](#)

w: www.nssydney.young-engineers.com.au

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**PLAYING LEGO®
WHILE LEARNING
PHYSICS AND SCIENCE.
EXCLUSIVELY WITH
YOUNG ENGINEERS!**



**STEM enrichment for years 1-3 at
at St Martin's – Davidson
on Tuesdays from 3:15-4:30pm**

Enrolling **now for Term 2, 2018**

nssydney.young-engineers.com.au/enrolment/

Encourage INDEPENDENT & CREATIVE Thinking

Our award winning curriculum has obtained global recognition for improving children's achievements. The course will illustrate **STEM principles** through experiments, demonstrations & play.



m: 0419 492 682

e : northshore.info@young-engineers.com.au

f : [Young Engineers North Shore Sydney](#)

w: www.nssydney.young-engineers.com.au

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