



# St Martin's Catholic Primary School

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"Strength and Gentleness"

ABN 67 181 593 433

## Student Bicycle Riders Guidelines - St Martin's Catholic Primary School

### Student Cyclist:

The Department of Education and Training and NSW Roads and Traffic Authority recommends that children under 10 years of age DO NOT ride bicycles to and from school unless accompanied by an adult. Students in Years 5 and 6 are the only students permitted to ride to school unaccompanied by an adult. Responsible / older students in Year 4 are permitted to ride to St Martin's with the parents' consent if they feel the child is mature enough.

Skateboards, ripsticks, rollerblades and scooters are not permitted at St Martin's Catholic Primary School unless directed by teachers.

- Children must correctly wear a Standards Australia approved bicycle helmet at all times when in control of a bicycle.
- RTA road rules concerning bicycles are to be followed. This includes the pedestrian's right of way on footpaths. The bell should be used as a warning when approaching pedestrians.
- Bicycles ridden to school must be in good, safe working order and bicycles must be fitted with a bell.
- Entry and exit points to our school for bicycles are via the Prahan Street entrance.
- The cyclist must dismount before entering the school grounds and walk their bicycles whilst inside the school grounds.
- Bicycles are to be stored at Pick Up. Bicycles may be locked with a chain and padlocked (supplied by the bicycle owner). Bicycles and helmets are brought and stored on-site at the owner's risk.
- St Martin's School provides bicycle safety education for all students in years 3-6 through our school's road safety education program.
- Parents will support our road safety education program by instructing their children in the rules of road safety and maintaining their child's bicycle as a matter of routine. (See attached Bicycle and Helmet Safety Checklist and [Centre for Road Safety Road Rules](#))
- Students who do not adhere to the St Martin's School Bicycle Riders Guideline will be managed in accordance with our Student Code of Conduct. Consequences may include students not being allowed to bring their bike onto the school grounds for a period of time.

The Principal has the right of discretion to make provision for departure from the guideline or the application of the guideline in the event of unforeseen and exceptional circumstances.

## Bicycle and Helmet Safety Checklist

Feature	What are you checking?	How Does your Bicycle rate? ((Good/Fair/Poor)
Tyres	<ul style="list-style-type: none"> <li>● Firm tyres</li> <li>● Tread not worn and no canvas showing</li> <li>● No bulges or splits</li> </ul>	
Bell/horn	<ul style="list-style-type: none"> <li>● Sounds clear and loudly</li> </ul>	
Pedals	<ul style="list-style-type: none"> <li>● Rotate freely when spun</li> <li>● Rubber not showing signs of wear</li> </ul>	
Lights and Reflectors	<ul style="list-style-type: none"> <li>● Secure, clean and bright</li> </ul>	
Brakes	<ul style="list-style-type: none"> <li>● Pads not worn down when brakes are applied</li> <li>● Bike wheel does not rotate when brakes are applied</li> </ul>	
Chain and Gears	<ul style="list-style-type: none"> <li>● Does not move more than 2.5 cm when lifted</li> <li>● Is well oiled and not rusting</li> </ul>	
Helmet	<ul style="list-style-type: none"> <li>● Must be Australian Standards approved (<b>AS/NZS 2063</b>)</li> <li>● Shell and lining are not damaged</li> <li>● Straps and buckles are not damaged</li> <li>● Sits on top of the head (two fingers width between eyebrows and helmet edge) and can be firmly buckled under the chin</li> </ul>	
Size of Bike	<ul style="list-style-type: none"> <li>● The correct size for the rider</li> <li>● Has controls within reach</li> <li>● Is comfortable for the rider</li> <li>● Has a level seat</li> <li>● The rider's feet should just touch the ground when the rider is sitting on the seat</li> <li>● Handlebars should allow for the arms to be slightly bent as the body leans forward</li> <li>● The bicycle is the right size if the rider can straddle the crossbar with both feet flat on the ground, otherwise, the bicycle is too big and therefore, unsafe. There should be about 3 cm between the bicycle and the rider's crutch for a medium or lightweight bicycle. For a BMX or mountain bike, there should be a 10cm gap. If there is no crossbar, make the test from where the crossbar would be</li> </ul>	

**Home Copy- For your reference to keep  
Student and Guardian Bicycle User's Permission Note.**

- I have read and understood the bicycle information provided – OSt Martin's School Bicycle Guideline.
- My parent/carer has read the bicycle information provided to me.
- I understand that it is a joint responsibility between my parents/carer and I to keep the bike well maintained with all component parts working correctly.
- I will wear my Standards Australia approved helmet correctly when riding a bicycle to and from school.
- I will walk my bike to and from the school gate and at all times whilst on the school grounds.
- I understand that I bring my bicycle to school at my own risk.
- I will not lend my bike to another student when travelling to and from school.
- I will not carry any passengers on my bike.
- I will secure my bike safely at school when not in use.

Signed (Student)-----

Signed (Parent/Carer)-----

Date:  
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**School Copy**

I give permission for \_\_\_\_\_ (student's name) to ride his / her bicycle to and from school in 20\_\_\_\_ (year).

I have read and understood the bicycle information provided.

I have read and explained the bicycle information provided to my child.

I have reviewed the Guide to Bicycle Maintenance to check my child's bicycle for roadworthiness and understand that it is my responsibility to keep the bike well maintained with all component parts working correctly.

My child will correctly wear a Standards Australia approved helmet when riding a bicycle to and from school.

I understand that bicycles are brought to school at the owner's and user's risk.

Signed-----

Relationship to student:-----

Date: